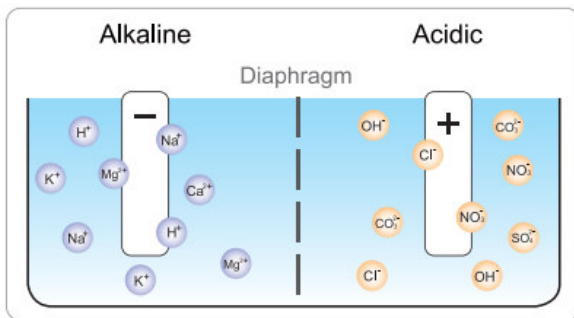
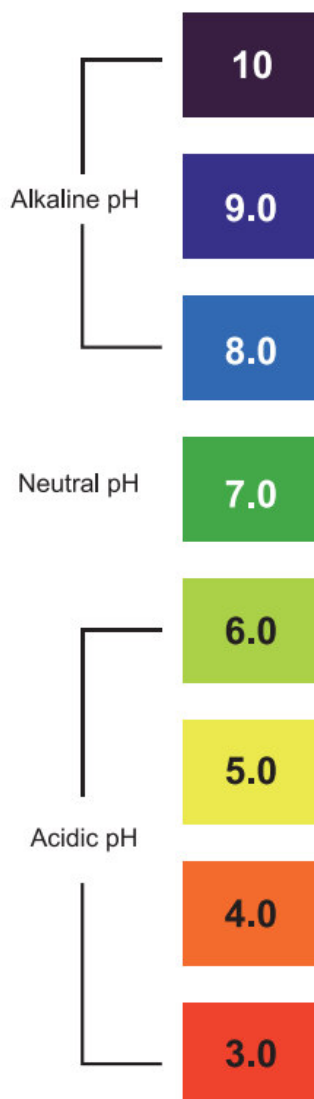


EXPLANATION OF IONIZED WATER



During electrolysis, the cathode has a negative charge and produces alkaline ionized water (pH range 7.5~10) with negatively charged hydroxyl ions, and attracts alkaline minerals - such as calcium, potassium, magnesium, and sodium.

The anode has a positive charge and produces acidic ionized water (pH range 3.5~6.5) with positively charged hydroxide ions and attracts acidic minerals – such as chlorine, sulphur, phosphorus.



What is pH?

On the pH scale, which ranges from 0 on the acidic end to 14 on the alkaline end, a solution is neutral if its pH is 7. At pH 7, water contains equal concentrations of H⁺ and OH⁻ ions. Substances with a pH less than 7 are acidic because they contain a higher concentration of H⁺ ions. Substances with a pH higher than 7 are alkaline because they contain a higher concentration of OH⁻ than H⁺. The pH scale is a log scale so a change of one pH unit means a tenfold change in the concentration of hydrogen ions.

The scale that is used for measuring the pH, or hydrogen ion concentration ... is from 0 to 14, with 7 being the neutral point. Below 7 is acidic; above 7 is alkaline. The optimal pH of the body's fluids, such as the blood is 7.4, slightly alkaline. If deviated from this range ...the bodies activity is no longer optimal and the metabolism is out of balance as the body will begin to store toxins in fat and move around acidic material to keep the blood PH in balance.

The pH of the body is largely influenced by metabolic byproducts and our diet. Thus, pH is directly affected by the various categories of food that we eat and the internal mechanisms involved in their processing. Some foods that are acid in their composition can become alkalizing following metabolizing by the body, such as lemons. Accordingly, it is to become more aware of the impact that various foods and our eating habits have on the internal environment of the body.

From a lot of reading, this is my take on the subject. First, your body has natural protectors to keep your blood pH in its optimal range. However, to do this, other things might have to give. Perhaps if you are super acidic, you retain more weight because your body stores excess acid that it could not get rid of by natural means, in fat cells.

Also, stay "alkaline" does not mean that you have to only eat foods that have an alkaline forming effect on your body. What it means, is that you need to consumer slightly more alkaline forming food to match with your body working to maintain a slightly alkaline state as well.

Alkaline Water Usage Guide

1. If the machine has not been used for several days, let the water run on the "Purified Water" setting for at least 3-5 minutes before any operation.
2. First time users who are not familiar with this water are recommended to start with Ionized Alkaline Water level 1 and adjust the quantity or level of water which might fit you the best. Increase slowly over time as your body adjusts. (Level 1 is recommended for first time Alkaline Ionized water drinkers).
3. Store Ionized Alkaline Water in an airtight glass container and put it in a refrigerator for no longer than 2 days for maximum benefit. The first 12 hours after ionization the water is most effective.

Acidic Water Usage Guide

Acidic water is not drinkable – DO NOT DRINK

1. Use acid water only for disinfecting, cleaning, plants and as a face/skin toner.
2. Acidic water properties are the best 1-7 days after ionization if it is put in an airtight glass container and kept refrigerator.

Purified Water Usage Guide

1. Drink purified water with meals to allow your stomach acid to do its work digesting your food.
2. It is best to drink purified water when taking medication.
3. Can a person drink Ionized Alkaline Water when on medication?
-Yes, as a precaution DO NOT DRINK Ionized Alkaline Water 45 minutes to one hour before and after taking medication or supplements.
4. Children: Use purified water when preparing baby food.

Please note that water will come out of both spouts when dispensing water.

- A) When the Alkaline button is pressed, Alkaline water will be dispensed from the top spout and acid water will be dispensed from the bottom spout.
- B) When the Acid button is pressed, Acid water will be dispensed from the top spout and Alkaline water will be dispensed from the bottom spout.
- C) When the purify button is pressed, purified water will be dispensed from the bottom and top spouts.

Highly Ionized Alkaline Water: pH 11.0+

Highly Ionized Alkaline Water is useful for cleaning and preparing food.

- Food Preparation : Wash Vegetables and fruit.
- Cleaning : Clean cutting boards with. Good for cleaning oil and tough grime from vents, as well as for general cleaning in the kitchen.
- Stain Removal : The extra strength, absorption power will remove coffee, soy sauce and oil stains with ease. Also great for getting out stubborn toilet bowl stains.
- Dishes : Use less detergent when hand washing dishes. Save on water bills, as only one-third to one-fourth of the usual amount of water is adequate cleaning and for rinsing with detergent.

Alkaline Water: pH 8.0 ~ 10.0

- For drinking, food preparation, watering plants, health maintenance.
- Drinking : Drink at least eight 8 ounce glasses of water every day. Alkaline water is part of a healthy diet.
- Food Preparation : Clean vegetables and fish. Enhance the flavor of broccoli, onions, etc. by pre-boiling them in Ionized Alkaline Water. Use less condiments and salt in your diet.
- Rice : Use Ionized Alkaline Water for washing and cooking rice. The result is delicious and fluffy rice.
- Tea : Taste and aroma are everything to many people. You will be surprised at the improved color, taste, and aroma. You can use less tea and still achieve a full rich taste.
- Soups and Stews : Ionized Alkaline Water draws out the flavor of ingredients so they get tender and juicy. Therefore, less seasoning such as salt and soy sauce are needed. This water is good for people who want to reduce their salt intake.
- Plants : Watering plants and flowers. Ionized Alkaline Water extends the freshness and life of plants. Ionized Alkaline Water with a pH level of 9.0 can also restore the health of sick plants. Ionized Alkaline Water stimulates germination and improves seeding development.
- Animals : Give purified water with food. Just like humans, animals should not drink alkaline water for an hour before, during, or an hour after meals.
- Crafts : Excellent for dyeing cloths, as well as other craft projects. You will love the vibrant colors obtained when using this water.
- Health : Through continuous use, the acidic tendency of your body can be gradually corrected to an Alkaline levels. Drink at least half your body weight in ounces

Purified Water: pH 7.0

Free of chlorine, rust and cloudiness. Clean water is delicious drinking water.

- Children : Use purified water with a pH of 7.0 when preparing baby food.

Acidic Water pH 4.0~6.0

- **Face wash** : The astringent properties of acidic water are effective in toning and firming your skin.
Pat the skin and leave to dry.
This water is also excellent as a toner after shaving.
- **Hair Care** : Use this water to rinse your hair after shampooing.
Reduces annoying tangles and brings out a radiant shine.
Keep in a spray bottle and spray your hair and face when you're out and about.
- **Bath Water** : Add acidic water to your bath water to keep your tub free of bathtub rings.
Bathing in this water gives your body a warm and comfortable feeling.
- **Pet Care** : Spray your pet with this water and brush afterwards to obtain soft and shiny fur.
Great for grooming your pet!
- **Rinse Cycle** : Soaking with acidic water before the spin cycle will soften your clothes.
- **Cooking beans** : Various types of beans, such as kidney beans and green peas, will cook to perfection.
Just be careful not to overcook your beans.
Acidic water will speed up the cooking time! This is energy saving water!
- **Fried Food** : Fried food comes out nice and crispy if you rinse it in acidic water before frying.
- **Frozen food** : Spray foods with acidic water when freezing so that the food, including fish and shrimp, does not lose its flavor when thawed.
- **Stains** : To remove stains, grime and grease, leave to soak in water for 24 hours.
- **Dishes** : Dishes and glasses come out sparkling clean.
- **Polishing** : Polish mirrors, eyeglasses, glass objects and windows to a high sheen.
- **House Cleaning** : Remove dirt from hardwood floors, ceramic tiles, etc. without leaving a sticky residue.



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